



news release

Toll Free in Vermont 800/339-5866
From Chittenden County: 802/864-5743

Mailing Address:
PO Box 408
Burlington, VT 05402-0408

Street Address:
164 Saint Paul Street
Burlington, VT 05401-4364

Send e-mail to: home@vhfa.org

Visit our web site: www.vhfa.org

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CONTACT: Brittany Riley
(802) 652-3428
briley@vhfa.org

VHFA TAKES SILVER AWARD FOR WORKSITE WELLNESS

BURLINGTON— Employees of Vermont Housing Finance Agency (VHFA) were recognized recently by the Vermont Governor's Council on Physical Fitness and Sports for the company's workplace wellness initiatives. One of 91 businesses considered for this award, VHFA provides a combination of traditional and non-traditional features to help staff reach the best individual wellbeing possible. VHFA uses a holistic approach to encompass the many aspects of an individual's wellness—including financial, emotional, mental and physical. VHFA holds classes, offers monetary incentives and many other programs to assist staff members in identifying and achieving their goals.

Brittany Riley and Lauren Trono, of VHFA's human resource staff, received the award from Governor Peter Shumlin, state health commissioner Harry Chen, and Janet Franz, chair of the Vermont Governor's Council on Physical Fitness and Sports.

"Vermont employers have come to understand that physically fit workers are more productive and invested in their careers. Business leaders see the benefits of worksite wellness programs to their bottom line," said Janet Franz, chair of the Governor's Council.

VHFA is a non-profit agency created in 1974 by the Vermont Legislature to finance and promote affordable housing opportunities for low- and moderate-income Vermonters. Since its inception, the Agency has helped approximately 27,000 Vermont households with affordable mortgages and financed the development of approximately 8,400 affordable rental units.